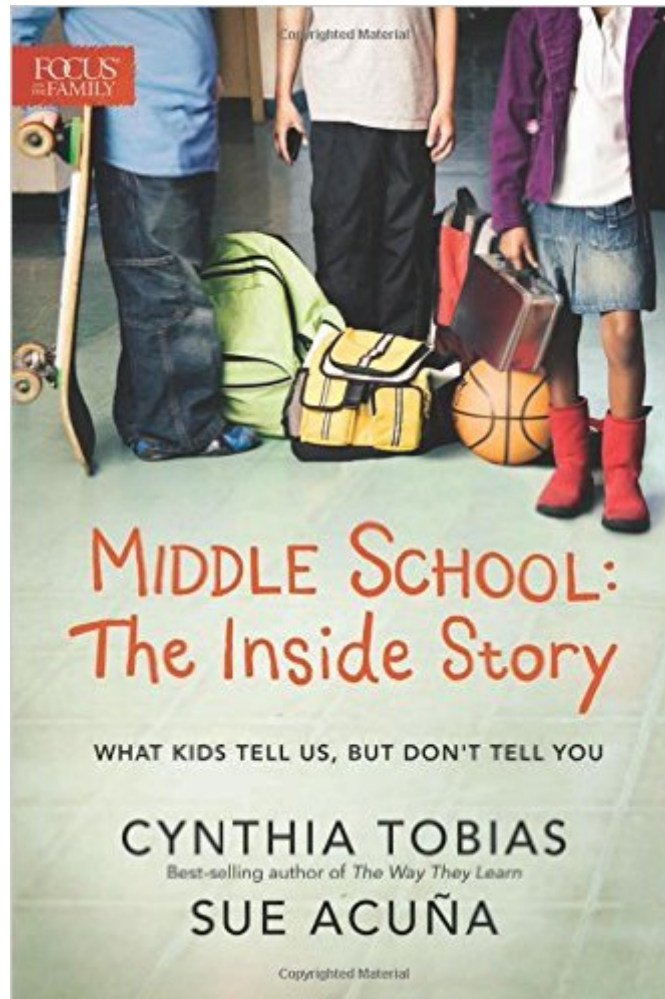


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# Middle School: The Inside Story: What Kids Tell Us, But Don't Tell You



## Synopsis

Remember middle school? Many parents would rather not. It's often a rough ride, filled with insecurity, peer pressure, awkwardness, and world-rocking change. This book provides practical, hands-on advice for helping your child through this minefield with information about what he or she is really going through, but isn't likely to share. Best-selling learning-styles expert Cynthia Tobias and veteran teacher Sue Acuña reveal what they've found by listening to kids when parents aren't around and give you insider tips on how to bless your middle-schooler with success in class, at home, and in relationships. Topics include advice for keeping communication lines open, predictable physical and social issues, and solutions for problems like self-centeredness and over-the-top emotions.

## Book Information

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## Customer Reviews

"Middle School"- just the mention of those two words might make your face break out again and palms get all sweaty! Memories of high hair, braces and glasses come flooding back to your mind. You remember those awkward days. Now comes an even scarier time... being the parent of a middle schooler! Do you ever wonder what is going on in the mind of your middle schooler? The authors of this book have spent countless hours researching and communicating with middle schoolers to help parents and teachers to better understand this age group. The book is broken down into sections which is helpful to the reader. Part One covers the physical differences between the middle schooler and other children. The authors discuss that awkward phase and what is typical for kids in that age group. Part Two is written for Parents of middle schoolers. The chapters in this section cover

communication, relationships, values and discipline in the home. Part Three covers the problems middle schoolers encounter with friendships and other relationships. The authors also discuss other "red flag" areas such as depression, eating disorders and bullying. Part Four covers the middle schooler in the school environment. Since I am a middle school teacher, I enjoyed this section the most. The authors covered learning styles and how parents can help their middle schooler succeed in school. I would recommend this book for parents of middle school students and for parents of students entering that middle school age. It would be ideal for parents to read this book BEFORE your kids enter the dreaded middle school years. I would suggest reading this book when your kids enter the 3rd-5th grades.

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